

Week 1

MONDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Banana & kiwi fruit

Lunch

Quorn sausage pasta bake

Fresh fruit salad

Afternoon Tea

Rice cakes with jam, cheese spread or plain

TUESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Apple & grapes

Lunch

Homemade pizza served with salad

Vegetable pasta bake (for babies)

Fruit muffin

Afternoon Tea

Toasted fruit loaf & apple

WEDNESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Pear & pineapple

Lunch

Lasagne and garlic slice

Yoghurt

Afternoon Tea

Breadsticks, carrot sticks, peppers & dips

THURSDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Satsuma & banana

Lunch

Jacket potato with tuna mayo or cheese with salad

Chocolate cornflake cake

Afternoon Tea

Croissant served warm with butter & jam

FRIDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Mixed melon

Lunch

Chicken tikka masala served with rice

Jelly & fruit

Afternoon Tea

Cheese, crackers & grapes



Week 2

MONDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Apple & orange

Lunch

Breaded fish, oven baked
chips & peas

Jam tart

Afternoon Tea

Spaghetti hoops on toast

TUESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Watermelon/ honeydew
melon

Lunch

Sweet and sour chicken
served with rice

Arctic roll

Afternoon Tea

Cheese & tomato pizza

WEDNESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Pineapple & grapes

Lunch

Roast chicken with
Yorkshire pudding, mashed
potato, broccoli & gravy

Banana & custard

Afternoon Tea

French toast with
pate/cheese spread

THURSDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Pear & dried fruit

Lunch

Creamy tomato pasta bake
with bacon

Fresh fruit platter

Afternoon Tea

Fish finger sandwiches

FRIDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Blueberries & satsuma

Lunch

Jacket potato served with
cheese & beans

Homemade cookies

Afternoon Tea

Choice of open sandwiches
& salad



Week 3

MONDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Orange & pineapple

Lunch

Macaroni cheese served with garlic slice

Yoghurt

Afternoon Tea

Scone served with jam and strawberries

TUESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Apple & grapes

Lunch

Mini Kiev, curly fries & salad

Mixed melon

Afternoon Tea

Rice cakes with a choice of toppings

WEDNESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Mixed melon

Lunch

Cheese & onion pie served with baked beans

Swiss roll with ice cream

Afternoon Tea

Choice of sandwiches

THURSDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Strawberries & pear

Lunch

Spaghetti bolognise

Madeira cake & custard

Afternoon Tea

Croissants served with cheese

FRIDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Banana & dried fruit

Lunch

Sausage, carrots, mashed potato & gravy

White chocolate rice krispie cake

Afternoon Tea

Breadsticks, cheese straws & choice of dips



Week 4

MONDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Mixed melon

Lunch

Fish finger wraps, salad
& potato lattice

Ice cream served with a
wafer

Afternoon Tea

Toasted bagels served with
soft cheese or butter

TUESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Apple & kiwi fruit

Lunch

Chilli con carne served with
tortilla chips & melted
cheese

Chocolate swiss roll &
strawberries

Afternoon Tea

Chicken dippers served with
salad

WEDNESDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Grapes & satsuma

Lunch

Meatballs , onion gravy on a
bed of mashed potato &
carrots

Fresh fruit platter

Afternoon Tea

Mini sausage rolls/cheese
rolls served with salad

THURSDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Dried fruit & banana

Lunch

Chicken curry, rice &
poppadum

Jammy bun

Afternoon Tea

Choice of sandwiches

FRIDAY

Breakfast

Choice of cereals & fruit

Mid-morning Snack

Orange & pear

Lunch

Tuna pasta bake served with
sweetcorn

Yoghurt

Afternoon Tea

Baked beans on toast

